

[Questions are sometimes abbreviated. Answers from Master Kuthumi are word for word]

1. I have noticed changes in my body. I have much more energy. The last 2 years I was mostly sleeping I needed so much rest. I couldn't work hard at all. I can work hard again now and when I work hard, I noticed that I was not tired at all, I was even receiving more energy after the work. I noticed a better posture although I hadn't been exercising. I noticed that my lower teeth are longer and stronger and my dentist noticed that also!

I would like your feedback on this: I was diagnosed with the possibility of skin cancer. My doctor took a biopsy. I didn't want my face cut to remove it. I had a real challenge to keep neutrality and be without fear and doubt. I was really working with the condensed Light and spinning the Merkaba. And I discovered the blemishes on my skin were a result of my judgments on my expression. And I worked with the 4th, 5th, 6th Ray to replace self-judgment with self-Love. And I worked with gaining control, because I saw myself as a victim of the doctor who might cut my face. It has a happy ending. I was praying to you and Yeshua for guidance and I was instructed to go to a Chinese herbologist doctor, who assured me he's going to heal me with the herbs without any surgery.

Master Kuthumi: Well, thank you for sharing. It speaks volumes of your dedication and your tenacity. If you remember, a while back Archangel Michael spoke to everyone about that Shield of Love and the Shield of tenacity, holding that Light and the Love and the tenacity in your creation. And you have done so in the last month. So you are beginning to see your abilities as a creator, and you are using these energetics very, very proficiently. You are to be commended! Thank you for your comments.

[4:37] 2. The last month has been a major alteration for me and I can also feel I am part of a Collective. I am not what I was when I was born on this physical plane. And I really noticed the last week how I am just beginning to create from what I am now, so the Rays of Creation and the applications is so timely. I'm very happy for that.

I heard what Yeshua spoke about from last session and I can feel myself within the Merkaba. It's a cohesiveness. Now I'm on track again. And I had found access in how I can align and begin my day with myself within the Merkaba. And it's north/south/east/and west and the Heart. And I've had enormous experience, not concepts. It's very real and alive. I'm very happy for that. And when Yeshua did the process of the 6th dimensional template, I found a cohesive glue and that has been seated within me. That was such an important piece.

I hope we will continue, because it has been mentioned that the more Light that becomes seated in the body and Love transmutes all anomalies. I've noticed this is a parallel process. Yeshua mentioned it took him some time before he actually became a Master and sharing himself in the world. There's something important about it and I hope we will be guided to process the anomalies from the Christed consciousness. I would like to be more active in that process. I believe, now, I can be. Do you understand? Does it make sense?

Master Kuthumi: Yes, I do. Thank you for sharing. I tell you that this process will continue and as you are using these refined templates that were recovered at that Crystal Conference, you will be magnifying continually the Light that you hold in your body. Now you must understand, Beloved, you have come a great distance over the last few years of your time – in your consciousness, in your ability to maintain that more refined frequency of Light consistently. You also must understand that some of these anomalies that surface now and again are not huge patterns like they were some years back, that you really had to work at clearing, that related to your genetic lineage. It related to safety patterns, survival patterns that you yourself had created through fear. These major patterns you've already transmuted. So what's surfacing are just a little residue here and there. And so you have the technology to very quickly disperse those and move on, because number one the Light that you hold, the consciousness that you hold. And you very quickly can replace any of those anomalies with a replacement pattern.

Questioner: There is a huge shift that has gone on this past month. I can see myself in the Merkaba now. Being inside this neutrality, I didn't take it so seriously. I could view it like a video. It seems like a hologram to me. [Master Kuthumi: Yes, it is.]

And then Love, compassion. I can feel it literally leaving, a very physical experience. And it was scary at first. I wondered if certain energies didn't want to leave, they wanted to continue. And I didn't know how to direct them so I breathed them into my Heart and just loved them. Loving everything – does that make sense, Kuthumi?
[Master Kuthumi: Yes, it does.]

Questioner: This process seems to make so much more sense.

Master Kuthumi: Yes. And the Beauty of that is you no longer process these anomalies through your lower emotions, through fear, separation, those types of anomalies, anger. You are processing them through Love, Unconditional Love that you draw from that Source Energy, that Undifferentiated Light and Love that you are drawing from the 1st Ray of Creation and compressing it through the 2nd Ray, making it usable with the 4th, 5th, and 6th Ray. So, when these things surface, you are already processing them through the Rays of Creation, through the energetics of it, through your Heart consciousness, because you are able to maintain that Merkaba field so that you are in that 5th dimension, and you recognize that.

Questioner: I feel so different, like new-born. And I realized that old applications from the 3D programming is all based on survival. And I've been reminded now that we need to start actively using the Rays of Creation, to re-create. And I don't know what that means..... I just know Love is the only default place [Yes!] It's wonderful. Thank you! And I'm very happy about myself. I don't think I realized I would make it because of previous lifetimes, about myself and my diligence, and belief. Thank you everyone.

[13:54] 3. I wanted to talk to you more about the creation process. We have been doing it every day with the triangle and all the sides. And then I have been checking in on what I've been doing, and I have noticed interesting changes. What I've been working on is diabetes that I have. I know that in the body it's more dense and takes more time, but as I've been doing it and going through the process that John had discussed, I noticed that I was beginning to the root cause of it. And I felt like that was part of the creative with it, because there was one side of the triangle that I intuitively felt that I had written "the sweetness of life". And the other side was "health and vitality". And then in the center for the intention was that my blood glucose level would become normal. And then the bottom was the magnetics and energetics. And today when I was doing this, I knew that I needed to change the side about "the sweetness of life" to say "release to the sweetness of life". And when I did, it was a little bit like a thunderbolt and I could see the generations on my father's side back at least 7 or 8 more, and how there was no sweetness in their lives at all. And it was dense and very polarized with the haves and the have-nots, and even within the lineage I knew with my father, everyone had diabetes. But then as I changed that one, intuitively knowing that it needed to go back, almost like a wave. And I felt like it really brought change. And I took my blood glucose level, which has been high, and it wasn't within normal range, but it was considerably lower, statistically lower.

So I just wanted to share that and ask you to comment on that as well.

Master Kuthumi: You are very welcome. I am so glad that you shared, because there was one thing that's very important, and that is that you checked in on your creation to see if it was functioning in the way that you had intended, that all of the energetics were in play and that it was moving in that 100% Light frequency. And you noticed that you needed an alteration.

So the only comment that I would make is that side that you wanted to alter, that you gather that all up in a sphere and you send it back to Source, and then you replace it with that refined aspect that you see was needed. This is where that flexibility comes in. You have a stable format from which to create, but yet you have that fluidity that is brought in through that magnetic template. So you have that flexibility to constantly alter your creation as you go along. It may operate in perfection for a while, but then you might see where it needs a little tweaking here and there.

And this genetic lineage piece is huge. You've been told a long time ago that when you clear it for yourself, it clears it generations back. And it clears it forward, for those new Souls coming into that lineage. So you did a very..... In addition to helping yourself, to defining your creation and making it very, very specific, you also gave a huge service to your lineage. Many of those who suffered seven generations back will be re-using that lineage in a different incarnation. And when they come into that lineage, they come in in a more conscious state and have at their access that 5th dimensional template. And it is through the actions of your creation that that happened.

So, here again, it's good to revisit, to look at all of the aspects and to see what beautiful creators you all are.

Questioner: Thank you! That really affirmed it for me. I felt pretty confident in me, because I had goose bumps all over me and it was like this huge surge, but I will take that one piece. I will circle it in a sphere of Light and I will return it to Source. And I thank you!

Master Kuthumi: You are very welcome.

[21:21] 4. Is healing, regenerating, rejuvenating our physical body, recalibrating to our physical Light Body valuable to be applying our creative process to specifics? You know we all have specific energy patternings from our genetic lineages, but is there value in a universal way to apply these Lights stepped-down compressed to manifest in 5th dimension, working with those first 2 DNA strands?

Master Kuthumi: Yes, very much so! That's why Metatron, in that Gridmaster gathering, said, "you have to take this, what you're doing for the planet, your service, and you have to use it for yourself." Because this is what alters, not only alters you, helping you to maintain that multi-dimensional frequency range and that 100% Light at all times. It also helps you to see the power that you hold, that you are as a creator, even if it is some mundane, what you might consider mundane, but just a physical want that you would like to manifest. By all means, create that for yourself!

You know, sometimes people have this underlying belief, that they aren't even conscious of, that maybe they aren't capable or they don't deserve to have physical pleasures. This is one of the reasons that you embodied – to enjoy physicality as well as to lift it to another expression, a more multi-dimensional expression. But it's to LOVE life in a body. And it makes it much easier to navigate your life experience when you're raising the consciousness of the body and the vibration that it holds.

So that yes, you want to apply these things to your personal life.

Questioner: So this concept of youthening or we have the mitochondria and opening that 2-way communication, and I think all of us would enjoy that radiant of youth in our physical bodies. So that's a valid.....?

Master Kuthumi: Yes, it's a valid application. However, I will caution you. Do not make this creation, when you create your visual, do not make it too broad. Do not say, "I want to youthen, to be 21". Do you think that's too broad? It is. I want to reflect my youthfulness as I exhibit the purity of my Light at 100%. I want to begin to have my body vibrate in a youthening way, so that I have health and well being. So, here again, it's by using this more visual, physical expression of the triangle that you can get very, very precise. And then when you monitor that, you can see where maybe you missed the mark on the precision or that you have to alter a side of that triangle to be more proficient.

Questioner: So would precisely focusing in with the two DNA strands AND the endocrine system (that produce the chemicals and the hormones that translate that into the physical body) – would that

Master Kuthumi: Yes, but you would want to make that two completely, not separate, but two creative mechanisms. You know, you're not limited to one triangle configuration. You can have more than one, but not so many that you can't monitor it. Because, if you add the DNA strands and the youthing (and yes, the endocrinal system is part of that), but it adds too much of a complexity. You want to keep it very precise and simple. In that way, you can monitor it, you can alter it, and you can improve upon it or you can infuse with Light and Love or the Magnetics of Source as needed. So that's what the value of the Rays, the Creator Rays, are. They were created for humanity to use. [Q: And enjoy] Exactly!

[28:04] 5. If I were with someone who is exuding an out of balance of power and control issues, and it triggers me, would I create a triangle say with the "release of power and control imbalance" as the intention, an one side of the triangle "freedom from control", one side "loving detachment", and one side "a balanced co-creative power", and then bring that into the 5th Ray, anchored in the 4th, using the step-down process through the 7th dimension, 6th, 5th?

Master Kuthumi: You could. But a better would be to examine your reaction and create an alternative pattern that exhibits a reaction.....no reaction – a neutrality. That person's patterning is that person's patterning. It has nothing to do with the purity of who you are as a Divine Being of Light. It does, however, if it triggers you into judgment or into fear of any kind. Then it is up to you to create a different reaction. Or to create a pattern where you can stay neutral or move away from that individual's environment. Do you see?

Q: How would I create a new pattern, so that I stay detached?

Master Kuthumi: So, first of all, you examine what your reaction is. What are the things that you react to? What triggers you when you are with that individual?

Q: Being subservient, being dominated, being controlled

Master Kuthumi: And do you see where that's fear based? [Q: sure] Yes!

So, we won't work on..... Fear is much too broad. So what you do is you outline, you diagram what your reaction is, the anomalies in your reaction, in the triangle. And you put the main reaction in the center of the triangle, you put the most predominant one at the base, and what the two supporting factors are. And that's the diagram and the energetic position of the anomaly.

So, what you do then, is you start to disengage the power of that, each side, by gathering it up and beginning to release the electro-magnetics of each side, that hold that in play, that hold that whole anomaly in play in your consciousness, that evokes fear.

And the same time, you create a replacement pattern, using a triangle. And you create an intention, as you look at this anomaly pattern. You create a replacement for each side of that triangle and for the main intention in the center.

And as you dis-engage the electrical charges and the electrical field, the thoughts around that, through the 5th Ray of Creation, you start to loosen that hold. And you gather it up, you put it in a sphere, and send it to Source. Or transmute it with the Violet Flame – whichever you prefer. And you do that with each side, so that it is completely disengaged from that electrical field, from the charges of the emotion and the thought that holds that electro-magnetic field in place.

And then you work with this replacement pattern, the creative pattern, infusing it with the Light of Source, using that 7th dimensional template, the 6th dimensional, and the 5th dimensional template, and you actually create that template, and you focus on it.

And every time you get triggered, you have another template already created from which you can focus on and check in on repeatedly. And you will that you will be able to maintain that neutrality and not be affected by that individual. It's his pattern; it's not yours. It's only your reaction that you have to be concerned with --and perhaps, making a decision not to interact with that individual very often, because you are quite capable and quite powerful of a Being to be dominated. You are not dominated. You can voice your opinion. You can say, "That is not acceptable".

So, all of these things, what these triangles do for you is they help you to not only maintain that neutrality, but to see it very concisely, to see the underlying issue, to be specific, to alter your creation, to alter and create a replacement, and infuse it and use that creative process, so that you are confident, and you don't react.

Before you go, for a few minutes, it will take..... it's like you're creating two things simultaneously, which you are. And you have to pay attention to the actual first triangle of the anomaly and also your replacement. But you are quite capable of doing that, of using the Rays of Creation to disengaging the anomaly and also to use the Rays of Creation to create very stably your replacement.

You are very welcome. Very good question. Thank you for sharing.

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[2:35] Master Kuthumi: If there are no further questions or comments, we will close this discussion. But before I leave, two things:

First of all, I will have Joan post on your page a little refresher on the workings of the first six Rays of Creation, so that you have that to refer to.

Secondly, I would like to step back and allow Master Yeshua to come forth to lead you in a closing meditation, so that you can fully see the beauty of you as the Image of the Divine.

So, it is important that we close that we close with a massive influx that is brought to you through Yeshua from the Collective Consciousness of the All That Is.

So if you will take a deep breath, get very centered in this moment, and allow Yeshua to come into your energetic field and into the Collective Consciousness of this group.....